

EDITORIAL

Equinox



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March, the month of the spring equinox, blossoming, and rebirth.

In some cultures, these are magical days associated with the beginning of a new year or season, as well as with a change in the dynamics of their people.

According to the Mayan culture, in the temple of Kukulcan in Chichen Itza, the spring equinox is the moment when the feathered serpent, Kukulcan (or Quetzalcoatl for the Aztecs), the deity worshiped by these communities, begins its descent from the pyramid to meet again with the mortals who are waiting for it at the bottom. In 2023, this event took place approximately on March 20th. During these days, a special optical effect appears on only one of the two rafters along the north staircase of the pyramid, and as the day goes by, the sun and the shadows seem to give the impression that the feathered serpent descends along the staircase, where finally, at its base, its stony and colossal head becomes lit up. This movement is produced by seven isosceles triangles that form during a spectacular display of light and shadow that lasts about 12 seconds.

For the Mayans, the spring equinox represents the beginning of a new cycle, the blossoming and flourishing of crops, the organized dispersion of bees; in 2023, this event will end on September 23rd with the autumn equinox.

Today marks the beginning of a new cycle for the Revista Colombiana de Ortopedia y Traumatología, which is now working with new applications and a new editorial platform. These changes stem from different situations, but the main reason is the continuous search for the improvement of the journal's editorial processes. From this issue onwards, the contents published in the journal will be available in both Spanish and English. In addition, they will be completely open access, which, along with other characteristics, will allow for greater visibility and a higher impact factor, thereby increasing the journal's competitiveness relative to other comparable journals.

We continue to aim for a better indexing of the Revista Colombiana de Ortopedia y Traumatología, and we have already achieved some points of equilibrium, such as a stable periodicity and review and editing processes in line with international standards, among others. Also, we expect to achieve some objectives in the short term and then continue working on the achievement of other objectives in the medium and long term.

We stand strong and confident that, with the support and participation of the authors, reviewers, members of the scientific and editorial committee and other people involved in the processes of the journal, the Revista Colombiana de Ortopedia y Traumatología will continue to be a publication governed by editorial standards appropriate for biomedical publications in which content of the highest scientific quality is published.

We changed and transformed ourselves to fit our surroundings, like chameleons, taking on new developments and challenges in our quest for perfection.



Enrique Vergara Amador 

Editor-in-Chief

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